

Forklift / OSHA-10 Training



Become Forklift Certified for the Manufacturing, Transportation and Warehouse Industry

Classes run Monday through Friday from 8:30 a.m. - 3:30 p.m. Goodwill's forklift/OSHA training program is a one-week course that assists individuals with entry-level employment into the manufacturing, transportation and warehouse industries. The classes at Goodwill, taught by National Safety Council of North Carolina certified instructors, also include an OSHA-10 safety class.

The program provides an overview of OSHA and NIOSH and hands-on instruction in lift truck design, vehicle safety inspection, moving with and without a load, and picking up and stacking a load. Special conditions involving trailers, ramps, elevators, and pedestrian safety are also addressed.

The course utilizes training videos, participant workbooks, and standardized testing for the classroom instruction and a final driving test. Successful class completion results in a three-year renewable N.C. General Industry Forklift certification and OSHA-10 safety card.

PROGRAM BENEFITS

- Course takes only one week
- OSHA-10 hour card
- Delivered by Safety and Health Council of NC certified instructor
- NC General Industry Forklift certification good for three years

PRE-REQUISITES

- Computer Basics
- Resume Writing

**For more information, please call the
Goodwill Job Resource Center at 704.372.3434**

Goodwill Opportunity Campus
5301 Wilkinson Boulevard Charlotte, NC 28208
704.372.3434 • goodwillsp.org

HANDS-ON TRAINING

- Lift truck design
- Vehicle safety inspection
- First-hand driving experience
- Moving, lifting and stacking practice
- Trailer, ramp, elevator and pedestrian safety
- Non-operator safety for those who work around lift trucks
- Training setup and equipment
- OSHA-10
- Résumé development
- Professionalism development
- Interviewing techniques
- Presentation skills
- Networking and career search strategies

ORIENTATION CLASS BEGINS CLASS ENDS

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|-------------|--------------|--------------|
| January 3 | January 9 | January 13 |
| February 7 | February 13 | February 17 |
| March 14 | March 20 | March 24 |
| April 11 | April 17 | April 21 |
| May 9 | May 15 | May 19 |
| June 6 | June 12 | June 16 |
| August 8 | August 14 | August 18 |
| September 5 | September 11 | September 15 |
| October 9 | October 16 | October 20 |
| November 28 | December 4 | December 8 |

Goodwill 
Industries of the Southern Piedmont

Changing Lives Through the Power of Work!